FAJITAS AT HOME!

PICO DE GALLO SALSA

INGREDIENTS
- tomatoes, diced
- red onion, minced
- jalapeño, minced
- garlic, minced
- salt
- lime juice
- cilantro

DIRECTIONS
Mix all ingredients together in a bowl. Use the amounts of each item as you prefer! Taste the mixture, and adjust as you like!

FAJITAS RECIPE

INGREDIENTS
- bell peppers, cut into strips
- onions, cut into strips
- chicken breasts or tenders
- cumin, chili powder, onion powder
- salt, pepper
- olive oil

INSTRUCTIONS
Cut your vegetables into long strips. This is called a "julienne" cut. Set aside.

Cut your chicken into similar sized strips. Sprinkle the chicken with spices and salt. The more spices the more intense the flavor!

SERVING SUGGESTIONS
Serve fajita meat and vegetables in warm tortillas, over a bowl of rice, or add to a bowl of greens for a low-carb option.

Top with pico de gallo or a salsa of your choice. Add sliced avocado or Greek yogurt in place of sour cream.