



PRODUCT SPECIFICATIONS & HARVEST / POST HARVEST GUIDE

Brussel Sprouts

Product Specifications

Appearance	Quality Sprouts should be well-colored, firm, and free of soft decay. No dirt, disease, or insects
	Color Green outer leaves and white cut end. Inner leaves slightly yellow and tightly arranged.
	Ripeness Firm and well-colored
Size	Weight N/A
	Measure Sprouts are 1-2" in diameter, stems <2 ¾
Packing	Case ½ bushel box
	Weight 10lb box, loose

Harvest

- Pinch off the top when lower sprouts are ½ - ¾ " in diameter; full stem of uniform - sized sprouts will develop in about four weeks.
- Cut off stalk with a knife

Post-Harvest Handling

Pre-cooling	Forced air cooling, most effective when pre-moistened.
Washing/Processing	Washing not recommended. Remove debris by hand.
Storage	Temp 32 °F Humidity 95 - 100%
Ethylene Sensitivity	*Very sensitive to ethylene exposure*